



KELLY S. BRAUER, MD, FAAAAI

## Medications and Allergy Skin Testing

Patients scheduled for allergy testing must stop taking any medications that contain antihistamines as they will affect the results of your test. This includes both over-the-counter as well as prescription medications. Call your pharmacy or prescribing physician if you are unsure about the names of your medications. Asthma medications do not affect skin testing and should not be stopped.

The following is a list of medications that must be **STOPPED 7-10 days** before skin testing:

Actifed	Chlorpheniramine	Fexofenadine	Sudafed Cold & Allergy
Advil Allergy	Chlortrimeton	Hydroxyzine	Tavist
Advil PM	Clarinex	Levocetirizine	Theraflu
Alavert	Claritin	Loratadine	Triaminic
Allegra	Clemastine	Meclizine	Tylenol Allergy
Allerhist	Clomipramine	Nyquil	Tylenol Cold
Allertan	Comtrex	Pamelor	Tylenol PM
Antivert	Contac	Pediacare	Unisom
Atarax	Coricidin	Pediatan	Vivactil
BC Cold	Cyproheptadine	Periactin	Vicks
Benadryl	Dimetapp	Phenergan	Xyzal
Bonine	Diphenhydramine	Polyhistine	Zyrtec
Bropheniramine	Doxepin	Promethazine	
Cetirizine	Dramamine	Robitussin Cold	
	Drixoral	Rynatan	
	Durahist	Sominex	
	Excedrin PM		

Note: This list includes the most common antihistamines; however there may be some not listed here. Any over-the-counter medications with the word “Allergy”, most over-the-counter cough and cold medication, and over-the-counter sleep medications may affect testing and should be stopped prior to your appointment. If you have any questions, please call us at 270-228-2811.

Antihistamine Nasal Sprays- **STOPPED 2 days** prior to testing

Azelastine	Astepro	Dymista
Astelin	Olopatadine	Patanase